

Hope House Highlights

- Planning ahead for Hope House Mother's Day
- Needed Used Cars... Great News
- Volunteer Spotlight and news from the CFW
- Update on our Moms-to-be
- Hope House Needs List...
- A Great "Feel Good" Story from our Community

March 19th, 2008

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"GOD IS ABLE TO DO FAR MORE THAN WE CAN ASK OR IMAGINE" EPH 3:20

HOPE HOUSE NEWS

Plan Ahead for Mother's Day... We Need Your Help!



Hope House's Annual Mother's Day Offering

At Hope House Mother's Day is all about honoring our Moms who stood for Life...

Please plan ahead and honor your Mom with a gift to Hope House

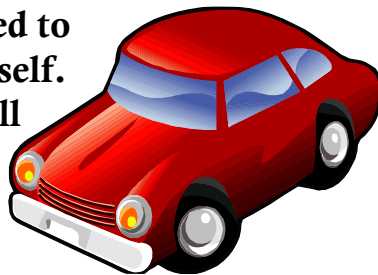
Watch for Mailing in Mid April...

We Could Use that Used Car...

Do you have a car that you don't know what to do with or no longer are in need of? We could use it at Hope House. One of our steps in helping a young lady at Hope House is to help her with transportation after she has shown that she is prepared to help herself.

Please call
 Wes if
 you can
 help!

423-943-2414



Great News...

We recently learned that Hope House was the recipient of a Community Enhancement Grant from the State of Tennessee. The grant is being awarded to us in the amount of \$2,500.

We also have been awarded the opportunity to submit an application to Greater Kingsport United Way for our program in the homes. Details on this will be reported in May.

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Volunteers at The Hope House Center for Women...



Michael Manning, RT; Tamara Robertson, RN; Charla Bacon, RN, of Pain Medicine Associates.

Did you know that babies born to smoking mothers are almost two times as likely to go to the NICU compared to babies born to non-smokers? Also, the leading causes of infant mortality are: disorders related to pre-term birth and low birth weight, birth defects, and Sudden Infant Death Syndrome (SIDS)—all of which are greatly increased in babies whose mothers smoked during pregnancy?

One of the March classes presented at the Hope House Center for Women addressed those serious issues. Nurses from Pain Medicine Associates in Johnson City shared smoking facts and tips with Fresh Start and New Start participants encouraging them to become educated in the hazards of smoking and offering resources aimed at enabling them to quit.

This class is just one example of our community coming together to help those in need in our community. On April 12th, several student nurses from ETSU will be hosting our semi-annual Early Motherhood Seminar packed with healthy pregnancy and new baby care information. Currently we have a waiting list of ladies hoping to attend CPR classes. Each month the center hosts four to five different motivational and educational classes geared at making a productive and positive differences in the lives of the mothers we serve. *All classes are taught and facilitated by dedicated and skilled volunteers.* Our volunteer team includes doctors, nurses, teachers, experienced mothers, bankers & financial managers, human resource experts, civic club leaders, staff from other area agencies... just to name a few. What is their common tie? Each of them has a heart for service and a desire to reach out to those in our community who are in need. One thing in which they will all agree—it's never about numbers at Hope House... it's about making a difference one life at a time.

Update On Our Moms-To-Be...

Lanitra is working very hard at learning all she can about being a first-time single mom. She has had a lot of hurdles to overcome, but she has some wonderful dreams ahead as a mom. **Terry** has just recently started volunteering at Holston Valley Hospital. She hopes to get a job there after the baby comes and realizes this is a great way to get her foot in the door. **Candi** has been working very hard (until 11 pm most nights) at an assisted living home. She has begun saving her money toward her independence for herself and her baby. **Jonnette** loves to go to church... It seems like whenever the door is open she wants to be with God's people... We also really love her laugh. **Sonia** works very hard on a business that she had before she came to Hope House. She loves to take walks in the crisp East Tennessee afternoons. *Please pray for these ladies as they come closer to delivery.*



Hope... Healing... Home...

We Could Use More Volunteers...

We are always in need of more people to volunteer with us at Hope House.

- ***We need volunteers who will work one-on-one with our girls in the homes.***
- ***We need groups for day projects at our two residences.***
- ***We need volunteers to provide transportation once or twice each week.***
- ***We need volunteers to work at the Center for Women.***
- ***We need people who will commit to pray for us on a daily basis.***
- ***We need more monthly financial partners.***
- ***We need churches to help this Mother's Day.***

Prayer & Praise

- Pray for our 5 ladies who will be giving birth over the next 2 months.
- Pray for the clients who come through the Hope House Center for Women that they will feel our love.
- Praise God for generous gifts from people with a heart full of love and compassion.
- Pray for our young ladies as they make the transition from the Maternity home to the Mom and Baby apartments.
- Praise God for putting the right people in place at the right time... He is Faithful!
- Pray for the faith to step out in the areas where God leads us... ***No matter what...***

H.H. Core Value:
Prayer upholds all that we do at Hope House.
Without God we have nothing to offer.

Hope Needs List...

We need partners in Churches and different groups to help collect these items so we can continue to support those in our community who have these needs.

Diaper wipes
Diapers (*Size 4,5, and 6*)
Baby wipes
Cribs, Playpens, Bassinettes
Infant Tylenol
Pedialyte
Crib mattresses
High-chairs
Good Start Formula
(*powdered Orange Can and Soy*)
Shampoo
(*At this point we don't need conditioner*)
Toilet Paper
Paper Towels

Laundry Detergent
Dryer Sheets
Dish Soap
(*for hand-washing dishes*)

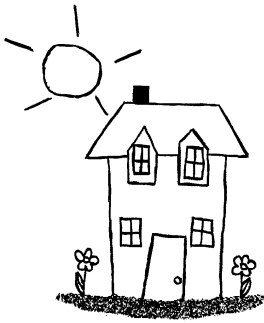
**Call Wes if you
Can help!
423-943-2414**

**We also need monthly
financial supporters**

Hope House
614 Cedar Court
Kingsport, TN 37663
423-239-7994

We Care About Life...

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A “feel good” Story From Our Community...

Shopping at Wal-mart doesn't sound like a “lift in your spirit” type of experience until the cashier finds out you work with Hope House. *“Hope House, my granddaughter goes to Hope House. They've helped her with diapers and a car-seat. I don't know where she would be without them. She earns points and they let her get what she needs. She was wild before she got pregnant, but now she is doing better, going to church and working. I think she even earns point for that! That's a nice program they have. They sure do help people that need it. I don't know where she would be, she has gotten a lot of support by going to Hope House.”*

The week before that I was encouraged as I listened to a young lady that has received help from the Hope House Center for Women as well. *“When I am working my husband is at home with the kids and when I get home to be with the kids my husband goes to work. Sometimes we don't always have enough to get by even though we work hard. Hope House has helped us when we have come up short. I also really enjoy the classes that teach me how to be a better Mom. My husband even gets the kids involved in what we learn. You can tell they really care about people at Hope House.”*

These are stories I have to share to say, “THANK YOU” to those of you taking the time to read this newsletter, those that pray, those that financially support, and those that give of their time. Because of you the stories above get told, needs are met, and lives are changed.

Shantel, Residential Director